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life coach.writer.speaker.instructor



helping you find a peaceful pace in a hurried world  
by choosing to live your life from the inside out; with simplicity; and on purpose!

## just take a step!

Have you ever started out on a long road trip with your children, and after a few miles on the road, you hear the dreaded question: "Are we there yet?" There are still many miles to travel on the journey, but the kids are anxious to get to the destination.

When you think about it, the same thing is true for us on our "pathway to purpose." We may find ourselves feeling afraid, confused, or alone. Perhaps we are overwhelmed by the "bigness" of God's plan for us. We find ourselves discouraged and exasperated, asking our Heavenly Father the same question, "are we there yet?" So what should you do?

Stop. That's right, Stop everything. It's the time to "pull over" into the rest area along the side of the road, and be still. Tell God what you are feeling. Allow him to minister to you again with the promises in his Word. Promises that breathe hope and renewal deep into your heart. You can be assured of this: God will complete what he has begun in you!

"Being confident of this,  
that he who began a good work in you  
will carry it on to completion  
until the day of Christ Jesus."  
Philippians 1:6 NIV

That's right. All he asks is that you **just take a step**. It might be a small, carefully thought out baby-step, or perhaps it will be a big, bold, risky, long leap. The size of the step doesn't matter. When you look ahead down the road, and it seems like there are a lot of miles yet to cover in your journey, just keep on taking those steps, and take them **one at a time!**

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## It's nice to meet you!

My name is Kathy, and I am Alan's wife of 25 years, and mom to Jennifer (23), Megan (20), and Cameron (14), who I home school. I am a life coach, a writer, and a speaker. I have been actively involved in women's ministry for over 22 years, and am passionate about **helping women find a peaceful pace in a hurried world by choosing to live their lives from the inside out, with simplicity, and on purpose!** Beside enjoying time with my family, I love to read, journal, wander through antique stores and markets, go for walks along Lake Ontario, and enjoy a cup of tea with friends!

Come and visit me at [www.kathybutryn.com](http://www.kathybutryn.com) , read my blog at [www.kathybutryn.typepad.com/blog](http://www.kathybutryn.typepad.com/blog), or email me at <mailto:kathy@kathybutryn.com>.